

April 7, 2026

To Whom it May Concern:

My name is Georgia DiMatteo and I have been involved with the Parents as Teachers program since the birth of my daughter in early 2024. My daughter Serafina is 2 years old now and our PAT team has been there to support my family every step of the way on this wild journey. My Parent Educators, Beth Porter and Emily Spence, have connected me to so many helpful resources, playgroups, and other parents in my community over the past two years. They also introduced me to the Incredible Years Program which I completed earlier this year. Over the course of this program, I learned useful tools to better manage the developmental changes that toddlerhood brings and I gained helpful insights from both the co-facilitators and the other parents in the group.

In the beginning, my Parent Educators helped me feel respected and heard which allowed me to gain more confidence as a brand-new mom. Now as a mom of a very independent toddler, I feel even more confident because I am armed with more knowledge and tools as well as such a wonderful network of parents and professionals. The Parents as Teachers program offers invaluable resources, support, and connections and I hope that they will be able to offer their services again and again to other new parents in the years to come.

Kindly,

Georgia DiMatteo