Roberta DiMezza

From:	Sara Sprague <42holistic@gmail.com>
Sent:	Monday, February 10, 2025 8:33 PM
To:	House Judiciary Committee
Subject:	Testimony on HB 5186
Follow Up Flag:	Follow up
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I am a mental health counselor in the state of Rhode Island. I have also been studying and following psychedelics as a therapeutic adjunct for more than a dozen years. I feel confident that passing this bill in support of personal possession of small amounts of psilocybin as outlined in this bill is appropriate, safe and may also make an excellent adjunct to therapy when approached by therapists through a harm reductive lens.

Sara B Knight, MA, LMHC Counseling Psychotherapy Coaching Consulting

Sent from my iPhone