## **Rhode Island Chapter**

INCORPORATED IN RHODE ISLAND

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN

Officers President

Peter Pogacar, MD, FAAP Phone: 401/884-8900 prpogacar@gmail.com

Vice President Scott Rivkees, MD, FAAP

Phone: 203/641-2545 scott\_rivkees@brown.edu

Secretary

Shuba Kamath, MD, FAAP Phone: 401/444-8531 shuba kamath@brown.edu

Treasurer

Sara Ford, MD, FAAP Phone: 401/444-4612 SFord@lifespan.org

Immediate Past President

Allison Brindle, MD, FAAP Phone: 401/444-8531 allisonbrindle@gmail.com

Chapter Executive Director Jennifer L. Mann, MPH Phone: 401/743-1507 jmann.aapri@gmail.com

**Board of Directors** 

Emily Allen, MD, FAAP
Allis Clyne, MD, FAAP
Diane DerMarderosian, MD, FAAP
Diane DerMarderosian, MD, FAAP
Susan Duffy, MD, FAAP
Patricia J. Flanagan, MD, FAAP
Gregory Fox, MD, FAAP
Natalie Golova, MD, FAAP
Allison, Heinly, MD, FAAP
Pamela High, MD, FAAP
William H. Hollinshead, MD, FAAP
Chandan Lakhiani, MD, FAAP
Elizabeth Lange, MD, FAAP
Kristin Lombardi, MD, FAAP
Karen Maule, MD, FAAP
Beth Toolan, MD, FAAP

Mailing Address:

American Academy of Pediatrics Rhode Island Chapter PO Box 20365 Cranston, RI 02920 Testimony in support of House Bill 7445 House Health and Human Services

February 29, 2024

Dear Chairperson Donovan and Members of the Committee,

The Rhode Island Chapter of the American Academy of Pediatrics strongly supports H7445, increasing access to cessation medications by giving pharmacists prescriptive authority for those cessation medications.

Tobacco use continues to be an enormous problem, with over 47 million adults currently using a tobacco product in the US.¹ In Rhode Island, about 1,800 deaths each year are attributed to smoking and other tobacco use.² Tobacco use not only affects users, secondhand exposure can lead to numerous health problems in children including sudden infant death syndrome, increased incidence and severity of asthma and bronchiolitis, ear infections, and childhood cancers to name a few.³

The majority of adults who smoke want to quit (68%) and half have made a quit attempt in the last year.<sup>4</sup> FDA-approved tobacco cessation medications have been shown to be an effective way to quit and there are clear guidelines provided for use by the US Public Health Service.<sup>5</sup> However, the cost of these FDA-approved cessation medications can be prohibitive for many. With a prescription, treatments like the nicotine patch, gum, and lozenge are covered for Medicaid enrollees in Rhode Island.

Unfortunately, many patients have limited access to a primary care physician who could provide such a prescription and it is estimated that only 2% of Medicaid enrollees in Rhode Island actually receive a prescription for tobacco cessation.<sup>6</sup> Pharmacies, which are well dispersed in the community, can offer extended and weekend hours, many without an appointment. Allowing trained pharmacists to write prescriptions for FDA-approved cessation medications can increase

access to low- or no-cost treatments for Medicaid enrollees and other patients in Rhode Island, helping many to quit using tobacco.

We urge you to pass H7445 to support cessation efforts in Rhode Island.

Sincerely,

affly

Allison Heinly, MD, FAAP Board of Directors Rhode Island Chapter of the American Academy of Pediatrics

Emplow

Emily Allen, MD, MPH, FAAP Board of Directors Rhode Island Chapter of the American Academy of Pediatrics

Cornelius ME, Loretan CG, Wang TW, Jamal A, Homa DM. Tobacco Product Use Among Adults — United States, 2020. MMWR Morb Mortal Wkly Rep 2022;71:397–405

<sup>2.</sup> Campaign for Tobacco-Free Kids. https://www.tobaccofreekids.org/problem/toll-us/rhode\_island

US Department of Health and Human Services. The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General. Atlanta, GA. 2006

Babb S, Malarcher A, Schauer G, Asman K, Jamal A. Quitting Smoking Among Adults — \_United States, 2000–2015. MMWR Morb Mortal Wkly Rep 2017;65:1457–1464.

Fiore MC, Jaén CR, Baker TB, et al. Treating Tobacco Use and Dependence: 2008 Update. Clinical Practice Guideline. Rockville, MD: US Department of Health and Human Services, Public Health Service; May 2008

Ku L, Bruen BK, Steinmetz E, Bysshe T. Medicaid tobacco cessation: big gaps remain in efforts to get smokers to quit. Health Aff (Millwood). 2016;35(1):62-70.