

From: Jocelyn Rezendes <jrezendes14@gmail.com>
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To: House Health and Human Services Committee
Subject: Bill H7299- Testimony

Bill H7299

My name is Jocelyn Rezendes and I have suffered with PCOS since I was a teenager. I have spent thousands of dollars out of pocket due to my hormone disorder that prevents me from having periods and fertility. I have always seen doctors and they always just put me on medication and won't do blood work as they feel it is not necessary since they will just put me on birth control anyway which alters the blood work. My body has had bad reactions to birth control and my mental health suffers due to my PCOS, as well as physical trails that affect my quality of life. I have to pretty much beg my primary care to order labs to find what is going wrong with me and they won't do it because they don't find it necessary because they just want me on birth control and I want to have kids one day and figure out what is wrong with my body and so I can live a normal life without the side effects of synthetic hormones.

Finding my naturopathic doctor has helped me tremendously and I was willing to pay out of pocket for visits and labs since it isn't covered by my insurance because I want to find out what is wrong and get to the root cause so it can be treated. I have hope when I get my labs that explain my several ailments I suffer like extreme fatigue and hair loss and seeing why this is happening simply by the first step of ordering labs that my traditional provider won't do. I was able to see how depleted several labs were which is why I was so affected.

Please pass this bill so it can be affordable. I have spent so much out of pocket to pay for things that should be covered when I have this diagnosis.

This is essential for my quality of life as traditional doctors are not trained to solve all aspects of the patient but rather minimize and treat while not always getting to the cause. This allows me to have hope for my future of having children one day. Please pass this bill.

Thank you,
Jocelyn