

Good afternoon Mr. O'Brien

My name is Adam Marsland, member of Hillsgrove House.

For me, Hillsgrove Club house has meant a new beginning. When I began coming here, my life was in a state of chaos and I oscillated between being listless and hyper-anxious. Hillsgrove gave me back the structure which I had lost and more than that, it showed me a path forward. My membership at Hillsgrove showed me that working with people, helping them and being relatable are not only things which I'm good at, but also are very fulfilling to me. With that revelation, the staff at Hillsgrove have helped me get into a program to train to become a Certified Peer Recovery Specialist, which will allow me to have a career that I'm proud of and allow me to get off of SSDI and take control of my life.

Sincerely

Adam Marsland