

	ouse Finance Committee
From: Ka	aren Malcolm, Protect Our Healthcare Coalition (email protectrihealth@gmail.com)
Date: A	pril 30, 2025
Re: SI	UPPORT H6047 to protect access to affordable contraception

The Protect Our HealthCare Coalition is a group of leading Rhode Island non-profits and consumer groups with a goal to protect, improve, and expand equitable access to quality, person-centered, affordable health care for all. The Coalition **supports House Bill 6047** to protect access to affordable contraception.

The Affordable Care Act (ACA) changed insurance practices, making them fairer for health insurance consumers, and improving access to essential benefits and preventative care. Among the ACA's requirements, insurers can't charge out-of-pocket fees for essential preventive services such as birth control, cancer screenings, flu shots and annual wellness visits. This emphasis on essential health benefits and no-cost-share preventative services helps keep people healthy while saving money by keeping more people out of downstream, higher-cost care. Due to the work of many in Rhode Island's General Assembly, Rhode Island has codified these important provisions in state law.

This bill continues that work by updating the 2000 Rhode Island state law mandating coverage of contraception. It improves access by ensuring no-cost coverage for alternate therapeutics if the covered option in the insured's plan is not tolerated by the patient or is medically inadvisable. It allows for over-the-counter methods without prescription. And, the bill addresses Medicaid by allowing for a twelve (12) month supply of contraceptives. A woman's ability to use her insurance card to access a 12-month supply and/or over-the-counter birth control without a prescription helps ensure continuity in access, helping to eliminate gaps in contraceptive use, fulfilling the ACA's intent.

Doing all that we can to ensure access to affordable and reliable contraception is vital because it benefits both women and their families through improved economic self-sufficiency and <u>improved maternal</u> and child health<sup>1</sup>. Unintended pregnancies are <u>shown</u> to have higher rates of maternal depression and poor birth outcomes, including preterm birth and poor mental and physical functioning during early childhood<sup>2</sup>. The post-ACA upswing in the use of long-acting reversible contraception (LARCs) has <u>demonstrated</u> an impressive reduction in unintended pregnancies and abortions<sup>3</sup>.

Thank you.

**Protect Our Healthcare Coalition partners include:** Economic Progress Institute, RIPIN, Mental Health Association RI, RI Health Center Association, Latino Policy Institute, Central Providence Opportunities: A Health Equity Zone (CPO-HEZ), United Way of Rhode Island, Senior Agenda Coalition RI, RI Medical Society, Planned Parenthood of Southern New England, SEIU Rhode Island Council, American Cancer Society Cancer Action Network, Leukemia/Lymphoma Society, RI Coalition for the Homeless, Rhode Island Working Families Party, Mental Health Recovery Coalition, RI Community Food Bank, RI Psychological Association, Substance Use & Mental Health Leadership Council, Rhode Island Coalition for Children and Families, HousingWorks RI, Rhode Island Organizing Project (RIOP), National Association of Social Workers RI Chapter, The Womxn Project, Advocates for Better Care

<sup>&</sup>lt;sup>1</sup> <u>https://pubmed.ncbi.nlm.nih.gov/19644742/</u>

<sup>&</sup>lt;sup>2</sup> https://www.ncbi.nlm.nih.gov/books/NBK232137/

<sup>&</sup>lt;sup>3</sup> <u>https://jscholarship.library.jhu.edu/bitstream/handle/1774.2/63939/CHRISTIANSEN-DISSERTATION-2021.pdf?sequence=1</u>