

## RHODE ISLAND KIDS COUNT

ONE UNION STATION PROVIDENCE, RHODE ISLAND 02903 401/351-9400 • 401/351-1758 (FAX) Testimony Re: House Bill 6045 - AN ACT RELATING TO EDUCATION: THE EDUCATION EQUITY AND PROPERTY TAX RELIEF ACT - Social

Workers in Schools House Finance Committee April 29, 2025

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Mr. Chairman and members of the Committee, thank you for the opportunity to provide testimony today. Rhode Island KIDS COUNT would like to voice its support for House Bill 6045 and thank Representative Mary Shallcross Smith for sponsoring this bill and Representatives Cotter, Ackerman, Kazarian, Hull, Fellela, Read, Morales, Tanzi, and Potter for co-sponsoring. This bill would require all public schools, in grades kindergarten through 12, to have at least one full-time certified school social worker for every 250 students and provide for an appropriation by the General Assembly of \$2 million in the budget for Fiscal Year 2026.

Mental health influences children's health and behavior at home, school, and in the community. Untreated mental health conditions can impair daily functioning, affect academic achievement, increase involvement with the juvenile justice and child welfare systems, result in high treatment costs, diminish family incomes, and increase the risk of suicide.

In the U.S. and Rhode Island, the impact of COVID-19 has increased the mental health needs of students. As a result, in 2022, the Rhode Island Chapter of the American Academy of Pediatrics, the Rhode Island Council of Child and Adolescent Psychiatry, Hasbro Children's Hospital, and Bradley Hospital joined together to declare the Rhode Island State of Emergency in Child and Adolescent Mental Health. One of the six policy recommendations issued by the group included implementing sustainable funding for effective models of school-based mental health care with clinical strategies.

In 2023, 36% of Rhode Island high school students reported feeling sad or hopeless for more than two weeks during the past year. Girls were twice as likely as boys to report these feelings. In Rhode Island, lesbian, gay, and bisexual students (60%) and youth who identified as other or questioning (71%) were more than twice as likely to report persistent feelings of sadness and hopelessness compared to their heterosexual peers (26%). Additionally, 9% of Rhode Island high school students reported attempting suicide one or more times during the past year. Rates were more than four times higher among LGB youth (37%) and other or questioning youth (41%).

rikids@rikidscount.org www.rikidscount.org In the U.S., students are 21 times more likely to visit school-based health centers for mental health than community mental health centers. This is especially true in school districts in areas with a high concentration of poverty.

School social workers provide mental health support in school and are experts in addressing students' social and emotional needs. They often are the primary mental health professionals for students and are accessible to students and their families, offering crucial support in identifying and starting interventions for students' mental health wellness.

The School Social Work Association of America recommends a ratio of 250 students to one social worker. The Rhode Island Department of Education (RIDE) estimates that as of October 1, 2024, the average ratio was 404 students per school social worker, well over the recommended ratio. Rhode Island would need an additional 198 mental health professionals to offer students proper support to address their mental health needs.

Feelings of safety and connection with the school are the most important school climate factors for promoting and protecting students' mental and emotional well-being. Social workers and other school-based mental health professionals are essential in creating and sustaining positive school climates. They can improve health outcomes, school safety, attendance rates, graduation rates, academic achievement, and career preparation, and lower suspension rates and other disciplinary incidents.

Rhode Island KIDS COUNT strongly supports efforts to increase the hiring of new mental health professionals in schools. These investments will help ensure our children's safety and physical and emotional well-being. Thank you for the opportunity to provide this testimony.