

Lisa Cataldi

From: Lukowicz, Ryan <ryan_lukowicz@students.nksd.net>
Sent: Wednesday, March 13, 2024 10:04 AM
To: House Education Committee
Subject: Fwd: Testimony

Hello,

Please see attached written remarks on H7561. Thank you!

Ryan

----- Forwarded message -----

From: Milner, Eva <eva_milner@students.nksd.net>
Date: Wed, Mar 13, 2024 at 9:14 AM
Subject: Testimony
To: Ryan Lukowicz <ryan_lukowicz@students.nksd.net>

Forgot to send this last night but here you go!

One of the most important roles a student can take on is as a peer partner to those in our community who need extra help and support. As students in NKHS, many of us are willing and ready to help our peers. However, many students find one of the best ways for students to be able to do that, being a partner in the adaptive Physical Education program, a difficult thing to achieve because of the school's stringent Phys Ed, requirements. At NKHS, students are required to take a typical gym class even if they are active peer partners in the adaptive program, which many students find tedious and hard to manage in the regimented schedules we are required to keep. If students were able to take adaptive PE as an assistant and fulfill their physical education requirements, many people would be far more willing to join and help our peers. Adaptive PE teaches the peer partners so many important skills, such as patience, problem-solving, and empathy. We would be able to support others in our community and make a difference without having to sacrifice a class period that many students need for their other academic requirements. Making this change to this curriculum would be beneficial to all students and community members.

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